



**GUSTAVO /
GONZÁLEZ**

M.C.

(Master of Ceremony)

Presentation: STAGING A WELLBEING PLAY: MY OWN!

“To be inspired is to be in spirit” I once read. **Where does that inspiration come from?**

I guess that part of it comes from within, that part of us that strives to do our best for our students.

Teaching is an act of **generosity** and **dedication** that goes hand in hand with being open to stimuli and resources to boost students' learning. **Teaching through the Arts** gives us the possibility to connect all these through **creativity** and **expression**.

But in order to be able to do so, we need to be aware of the importance of (teacher) wellbeing.

Being at our best is the path to reaching our students emotionally and thus, getting them to learn more efficiently. Doing what we love, believing in what we do and taking care of ourselves have a direct impact on our students.

Buenos Aires Players wants to present you with another gift on this special day: a hands-on experience to provide you with tools to help you **“stage your best play”: managing your wellbeing to avoid teacher burnout. Who can direct this play better than yourself?**

So this presentation is an invitation to explore ways that will help us take good care of what is important in life in order to be able to connect with our inner selves and see where we are on our way to **becoming the best version of ourselves to help students be their best!**

BIODATA

Gustavo González graduated as a teacher of English at I.S.F.D. N° 5 in Pergamino (Argentina) and holds a postgraduate degree from **UBA**, the National University of Buenos Aires. He also holds a postgraduate diploma on Education and New Technologies from Flacso (Facultad Latinoamericana de Ciencias Sociales), has completed a course on Neurosciences for Educators and is finishing his Diploma Course on Neurosciences at Asociación Educar.

He has been in the **ELT** field since **1993**, working as a teacher, school coordinator, teacher trainer and presenter. He has been delivering seminars and workshops all over Argentina, South, Central and North America, China and Singapore.

He is one of the contributors to the book **“Imagination, Cognition & Language Acquisition: A Unified Approach to Theory and Practice”**, published by the

New Jersey City University and has also written some articles for **OUP** (Oxford University Press), **IATEFL** (International Association of Teachers of English as a Foreign Language) and other institutions. He is a teacher trainer for the

Oxford Teachers' Academy (**OTA**), freelance PD trainer for Oxford University Press, Trinity College London and The Buenos Aires Players. He is a former vice president of **APIBA**, the Buenos Aires English Teachers' Association and former vice president of **FAAPI**, the Argentine Federation of English Teachers' Associations.

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